

Advanced First Aid

A comprehensive course offering advanced first aid and cardiopulmonary resuscitation (CPR) skills for those typically designated as a senior workplace first aid attendant. Course covers a variety of topics from basic (circulation and breathing emergencies, and prevention of disease transmission) to advanced (sudden medical emergencies and injuries to the head and/or spine), including instruction dedicated to understanding workplace legislation and responsibilities.



Duration	80 hours	
Instructor	Red Cross Advanced Emergency Care Instructor or Emergency Care Instructor Trainer	
Prerequisites	Standard First Aid with CPR Level C	
Completion	100% attendance, skills demonstration, 2 evaluated scenarios, and 80% min. passing grade on written exam	
Certification	3-year certification in Advanced First Aid, CPR Level HCP, and AED	
Recertification	40 hours; includes CPR Level HCP	
Course Content	<p>Part 1 – Preparing to Respond</p> <ul style="list-style-type: none"> ■ The responder ■ The emergency scene ■ Preventing disease transmission <p>Part 2 – Establishing Priorities of Care</p> <ul style="list-style-type: none"> ■ Anatomy and physiology ■ Assessment ■ Respiratory emergencies ■ Airway and ventilation ■ Circulatory emergencies ■ Bleeding ■ Shock ■ Pharmacology <p>Part 3 – Traumatic Injuries</p> <ul style="list-style-type: none"> ■ Soft tissue injuries ■ Musculoskeletal injuries ■ Head and spine injuries ■ Chest, abdominal, and pelvic injuries 	<p>Part 4 – Medical Emergencies</p> <ul style="list-style-type: none"> ■ Sudden illnesses ■ Poisoning ■ Heat- and cold-related emergencies <p>Part 5 – Special Populations and Situations</p> <ul style="list-style-type: none"> ■ Special populations & crisis intervention ■ Childbirth ■ Reaching and moving people ■ Multiple casualty incidents ■ Transportation ■ Workplace <p><i>Includes CPR HCP</i></p> <p><i>Includes any other content required by specific legislation</i></p>
Take-Home Materials	<p><i>Emergency Care</i></p> <p><i>Emergency Care Workbook</i></p> <p>Certification card and optional wall certificate</p>	

