

# Standard Child Care First Aid



Comprehensive two-day course offering lifesaving first aid skills, cardiopulmonary resuscitation (CPR) skills, and injury prevention skills and knowledge, with a focus on childhood injuries and illnesses. Includes the latest first aid and CPR guidelines and meets legislation requirements for provincial/territorial early childhood education and day care worker safety requirements\*.

## DURATION

Minimum 16 hours in-class

## INSTRUCTOR

First Aid Instructor

## PREREQUISITE

None

## COMPLETION

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course

## CERTIFICATION

3-year certification in Standard Child Care First Aid and CPR Level A or C

## RECERTIFICATION

8 hours in-class\*

\*Check local legislation to determine certification level, maintenance, and recertification requirements.  
[www.redcross.ca/firstaidlegislation](http://www.redcross.ca/firstaidlegislation)

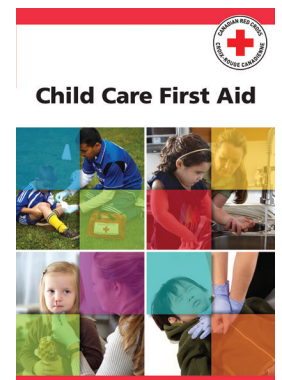
## COURSE CONTENT

- The Red Cross
- Responding to Emergencies
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and Circulation emergencies - child and baby
- First aid for respiratory and cardiac arrest – child and baby
- Wound care
- Head, Neck and spinal injuries
- Bone, Muscle and Joint injuries
- Sudden Medical Emergencies
- Environmental Emergencies
- Poisons
- Childhood Illnesses
- Caring for Children

*Includes any other content required by specific legislation*

## PARTICIPANT MATERIALS

- *Child Care First Aid* (manual from the Canadian Red Cross)
- *Comprehensive Guide to First Aid & CPR* (eBook)
- Knowledge evaluation answer sheets



Canadian  
Red Cross

**Training  
Partner**